

POOL TIMETABLE **Large Pool**

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
MON		EARLY RISER LANE SWIMMING		STAFF TRAINING												AQUA AEROBICS	
															LANE SWIM (CLUB POOL)		
TUE	DEVELOP WELL - CLUBS	EARLY RISER LANE SWIMMING														LANE SWIM	SWIM CLUB MASTERS until 10.15
WED		EARLY RISER LANE SWIMMING														LANE SWIM	SWIM WELL ADULT
THU		EARLY RISER LANE SWIMMING		OPEN SWIM		LADIES ONLY			OPEN SWIM		SWIM WELL		OPEN SWIM		LANE SWIM	SWIM CLUB MASTERS until 10.15	
FRI	DEVELOP WELL - CLUBS	EARLY RISER LANE SWIMMING														LANE SWIM	SWIM CLUB
SAT	DEVELOP WELL - CLUBS	EARLY RISER LANE SWIM		OPEN SWIM		FAMILY FUN 10.30- 11.45			OPEN SWIM			TRAFFORD SYNCRO CLUB		PRIVATE HIRE			
SUN		EARLY RISER LANE SWIM														DEVELOP WELL - CLUBS	












 These sessions are unavailable for casual public use.

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