



## **Swim Well Bears Fruit**

### **Trafford's elite swimming squad 'Swim Trafford' produces success at the UK national championships.**

Three outstanding swimmers from Trafford elite swimming squad, 'Swim Trafford' qualified for the UK nationals, which took place this July at Sheffield's Ponds Forge international sports centre. Daniel Crosby (aged 11 from Altrincham Swimming Club), Matthew Parks (aged 12 from Altrincham Swimming Club) and James Walker (aged 12 from Trafford Metro Swimming Club) represented Trafford in several events. The highlight of the event was Matthew achieving a bronze in the 200m Freestyle with a time of 2.12.27s.

Mike Roberts Swim Trafford's head coach hailed their achievements as a great success and added,

"The performances of these 3 lads have been fantastic; to even qualify for the nationals is no mean feat. The whole Swim Trafford squad has come on leaps and bounds over the last few months, and this achievement highlights the hard work that has been done by the squad and their coaches".

Aside to Matthew's bronze, between them they achieved 2 eighth places and 1 tenth place as well as smashing 12 PB's. Mike Roberts continues by saying, "We have done lots of behind the scenes work including restructuring, organising and so forth. The launch of Swim Well has fronted this and has allowed us to create a structure to give swimmers the

right pathways and opportunities so they can realise their potential. Through the Swim Well scheme we have been able to organise and put together Swim Trafford and when we take into account we only launched Swim Well in April we have done exceptionally well – I think the future of swimming in Trafford is definitely looking bright!

Trafford Community Leisure Trusts new Swim Well swimming scheme which was launched by British Olympic medallist Steven Parry provides swimming lessons for children and adults, squad and club swimming and exercise sessions at all Trafford's leisure Centres including Altrincham, Sale Stretford Urmston and Partington.

For more information contact your local Trafford Leisure Centre or log onto

[www.traffordleisure.co.uk](http://www.traffordleisure.co.uk).

END OF PRESS RELEASE

For further information contact;

**Marketing**

Simon Blair - [simon.blair@traffordleisure.co.uk](mailto:simon.blair@traffordleisure.co.uk)

07919043125

Swimming

Heather Horrocks – [heather.horrocks@traffordleisure.co.uk](mailto:heather.horrocks@traffordleisure.co.uk)

07919043119

[www.TraffordLeisure.co.uk](http://www.TraffordLeisure.co.uk)